

# 7

## Creativity & Power Management, the Journey of Self-Discovery and Personal Transformation.

The Wizard of Oz story may be seen as a sample of the Creativity and Power Management course. This course deliberately taps creativity to capture the personal symbolic system in metaphorical language for diagnostic and therapeutic objectives. The adventures of the heroes in the Oz metaphor-land herald what occurs in the Power Management training. The adventures lead first to self-discovery and then to personal transformation.

Like the book of the Wizard, the training creates awareness of the unifying central path, the roller-coaster of the Unit Process. Then it organizes along this path one's experiences and thoughts as a pattern of relating. Next it explores the restructuring of one's relating. Finally the training addresses the rethinking of morality. It departs from the static notions of an external authority figure by promoting awareness of the dynamic intrapsychic principles of conflict resolution.

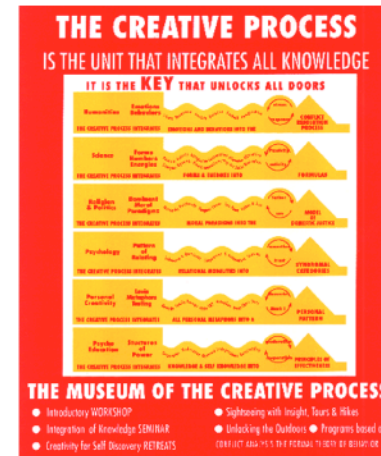
Power Management differs from the Oz book merely in that it is about one's own symbolic universe and about the abstract redefinition of moral order stemming from one's very own unconscious.



The three days and four nights of reconstruction work is reminiscent of Genesis' six days of creation and the day of rest. This time-frame runs parallel to the 6-role state Conflict Resolution Process leading to the reconstruction of one's symbolic universe.

*"The tinsmiths worked for three days and four nights..."*

Killing the Witch, Confronting Evil as the Condition to Transformation and Healing. Psychoeducation Studies Restructuring the Unit in the Pursuit of Conflict Resolution



## Creativity and Power Management, a Comprehensive Emotional Education.

**CREATIVITY AND POWER MANAGEMENT OR CONFLICT ANALYSIS TRAINING IS A STANDARDIZED COMPREHENSIVE EMOTIONAL EDUCATION AND A BRIEF PSYCHOTHERAPY PROGRAM THAT TARGETS INSIGHT AND WISDOM THAT LEADS TO INCREASED PERSONAL AND INTERPERSONAL EFFECTIVENESS.**

The program addresses three objectives:

- Understanding the Unit for integration of knowledge.
- Understanding the Unit's personal manifestation for self-knowledge.
- Understanding the moral structure of the Unit for personal inspiration and empowerment.

**KNOWLEDGE** - The training includes a cognitive or didactic component, a series of lectures targeting understanding the unit of the six-role process intrinsically connecting thoughts, behaviors and emotions, pursuing conflict resolution, that is moral order. (see the poster portrayed above)

**SELF-KNOWLEDGE** - The training includes a self-assessment, the Conflict Analysis Battery, constituting the experiential, insight generating component. Creativity exercises guide the trainee to identify how she resolves conflict. Trainees integrate their metaphors composing a poster reconstructing the Unit's personal manifestation in their symbolic language. They also compose an essay recognizing the conflict resolution principles as moral values guiding their personal style. Power Management toward self-realization and self-improvement.

**MORAL GROWTH** - The training includes an interactive component targeting moral and social growth. Trainees practice skills of Conflict Resolution consciously targeting the choices of mastery, cooperation and mutual respect.

FROM ART TO SCIENCE, FROM CONTENT TO PROCESS, FROM A DRAMA TO A UNIVERSAL MORAL ORDER, THE FORMAL ANALYSIS OF A MODEL SYMBOLIC SYSTEM.